

रुहा नी शुद्ध सतसंग

‘श्री गुरु ग्रन्थ साहिब जी’

जो न भजते नारायणा ।
तिन का मै न करउं दखना ।

‘जीवत मरिए’
‘भवजल तरिए’

तपः तपो
तथास्तु

‘जिन प्रेम कीओ’
‘तिन ही प्रभु पाइयो’

ॐ

सतनाम गुरु प्रसादि
ते भो भो सरबत दा भला

कृपया अमल कर व्यवहारिक बने । ताकी स्मर्थ हो कर आगे बढ़ा जा सके ।

“कीचड़/Quagmire”

Quagmire meaning muddy sludge i.e. when mud keeps accumulating more mud and waste in itself it starts to become thick, sticky like gum, and slowly over time it takes the form of a ghastly quagmire, which from the top looks like a normal dry beige coloured mud. Which when

viewed from afar gives the illusion of a dry and solid layer of earth but as soon as some being tries to walk over it , they start to sink in it due to their own weight and the more a sinking being struggles, more they sink further inside due to it being a sticky muck - now the more an organism tries to struggle to get out, they quickly descend deeply inside the muck - the situation gets so dreadful so fast in a manner that the organism succumbs to the struggle and becomes immobile and starts suffocating - which ultimately leads to its death and no trace of the organism is to be found because it has become a part of the muck now - for forever and ultimately loses its existence eternally.....!

This same process happens with the being/organism/soul, when they descend upon this earth in the form of a human being. The soul/being doesn't have any gender specific identity but like its base/prime (मूल) it is most particularly infinitely adept and free from the vicious cycle of life and death and is completely pure, perpetually unyielding in an absolute manner . The soul/being, upon careful observation seems to be weightless but is a very fine particle, which seems to be beautiful round and shiny - which is white in colour but upon careful viewing gives a tint of sky blue colour from its depth . This cannot be observed or established through

any instruments or machinations of any nature. This fine particle is only visible through other particular identical particle i.e. the soul itself can observe and experience it. Its light that is its ability is the same as infinity next to which the strength of light generated from infinite suns has no meaning...! Just as the ocean is a vast abundance of water, so is its small drop of water which is exactly the distinct store of the “base/prime(मूल) vis a vis”.

Whenever the soul/being descends as a foetus into womb for incarnation, it's birthed into sleeping state. After that it is slowly awakened. As gradually as its consciousness is returned, it feels the mud that surrounds him and at the same time he feels the helplessness and slowly fear starts engulfing him - and due to this developing situation he yearns to be free from it - but he can neither be released or even shaken from this situation, which makes him internally scream and shout for release - but who else is there to listen to its cries for help ...? Then as his consciousness starts to increase gradually, the terrible nature of his surroundings scares him even more. Then gradually he starts seeing the results of his deeds (कर्मों) and he starts feeling the horrid nature of the unending piles of his actions, which increase his agony even more - and then he starts feeling the loss of his breath - and eventually feels the presence of his

impending death. He feels as if he will die there – the same being who thought that he was immortal from the beginning. Then he starts to realize the sordid and villainous nature of his deeds – which seem to be unending in nature – and his fear grows even more – and then due to lack of any understanding, he starts to shiver continuously in his fearful agony. Constantly trembling, he internally cries and shouts making long and long pleas of help. But there is no outcome of his never-ending pleas – then he starts losing conscious in a state of disgraceful fits. He yearns to be free from this putrid sludge at any cost – but his agony barely leaves him shaking–when his agony reaches the apex point of his suffocation, he realizes what he was before and what is happening to him now, and what else will happen to him in this nightmarish hell ...? Then he starts cursing himself continuously and starts crying after remembering his infinite like vile deeds – and makes a grim resolve to rid himself from this horrible kumbhi - pak (कुम्भी-पाक) hell by any means necessary – and starts making promises to straighten himself into decorous behaviour – in a continuous begging state – with flattering vows in tow. Meanwhile even in being an agonizing state, he begs that he will be good, civil and dignified – which you label as the auspicious kick of the baby...!

After long bouts of unconsciousness and convulsive agony he realizes that someone is very close to him – who has continuously saved him from this infernal eternal heat and is saving him from death every second...! But who is he – he never gets to know him. But the continuous feeling of his life consoles him and slowly in his heart (मन ही मन) he denounces himself, and at the same time vows particularly to always keep himself away from his previous evils and misdeeds in the future – and then calms himself into chanting and worshiping him, whose presence he feels around him always.....!

After all his pleas are heard – and his time in this horrible kumbhi-pak (कुम्भी-पाक) hell in the form of foetal embodiment has come to an end – i.e. period “काल” of descending into the best incarnation as human being...?

At first the being does not believe his luck – and then upon remembering the deep and relentless horrible suffering, he starts to shiver and cry with fear and he thinks – what if from somewhere else a new kind of terror is unleashed upon him...! He closes his eyes upon his new fearful predicament – and does not want to know or see anything ...! Stressed out, he absorbs himself into the deep meditative state, from which he was brought out into consciousness previously by slapping him...!

Slowly he starts to feel the love and affection of those around him and being away from his previous harrowing state, he starts to forget and jumps and kicks energetically, looking at the sky, trying to gather and feel as much as he can from his surroundings in his most playful and joyful state – meanwhile stimulating everyone with his actions and feelings – and eventually forgetting everything from the past, starts to drown and descend himself into a new kind of muddy mire filled to the brim with love affection and fascination – into which he sinks himself completely , after all.....!

Now as his senses become stronger – and due to the profound experiences of his feelings, he completely drowns himself in them while he is totally consumed by them – whether it is the matter of viewing different forms and objects or shapes with his eyes or emotions of jealousy – defamation or backbiting – listening to music or various sounds or it is the particular subject of experiencing multitude of tastes with his palate or is a series of desires or wishes related to sexual appetite – all of which nowhere near realize their end, ever forget about those desires and wishes and experiences ever concluding .

➤ This “particular mind (मन विशेष)” is a part of kaal (काल)
(The main driving force behind the universe

(समर्था विशेष) similar to soul and always remains as an integral part bound to soul – which from the beginning of the birth serves as a secret recorder of being's/soul's deeds and actions of every moment, from even minute thoughts to the complete analysis and behaviour of all the particular senses with their results and outcomes in a continuous manner ...!

At first mired in obsession-delusion-endearment's sludge and then ensnared in even darker muck of continuous enjoyment of senses – from which no one has ever found any end, and the only thing that someone has ever found from this endless mire is the realization of loss of their precious life and their beginning in a new kind of infernal hell in the form of kumbhi-pak (कुम्भी-पाक)...? This is such a vicious cycle that once it starts it cannot be stopped easily – for an eternity the being/soul has to travel continuously in infinite abominable incarnations – for which each particular being/soul has to suffer according to his own desires, wishes and tastes – and to suffer i.e. to suffer and agonize and only suffer – with their pleasure and like for the fulfilment of their own personal and particular desires only ...!

८८ बड़े भाग मानुष तन पावा-सुर दुर्लभ सब ग्रन्थ गावा।
इस पउडी ते जो नर चूके-आई-जाई बहुत दुख पाईदा.....॥ ८९

The mind (मन) is a part of mahakaal (महाकाल) which is conceived particularly from the infinitesimal fire element, which is similarly rich in power to spiritual character – but its particular functions are of a slightly different type. It is a special miracle for the foresight of the soul. It is only particularly profitable and beneficial for the soul/being when used in a positive manner – grants access to the being/soul from this horrible mire – directly in front of its base source (मूल) – in process freeing from all the scandals – sufferings – agonies for forever – and grants him ultimate satisfaction...! And then he himself slips inside his base source (मूल) akaal (अकाल) for once and all – only to reappear....?

Its presence is experienced as very pale golden yellow colour – but due to it being situated inside the soul, it can never be recognized separately anytime. Only that particular soul is aware of its presence which has freed herself from the five elements of nature – a particular task which is as rare as the impossible itself. Because infinitesimal element of nature is particularly present in almost every particle of nature like software – in various unique forms – types – particular forms – in order to continuously fulfil the different demands – capacities – abilities in an unrelenting manner ...!

Today whatever the soul/being does is for the pure satisfaction of mind (मन) only, you can ask anybody this ...? The mind (मन) has become slave of the senses – because mind (मन) cherishes different tastes and flavours. That is why all the time it constantly babbles and obsesses about it. And with the help of brain (बुद्धि) it keeps explaining to the soul – what's right and what's wrong. After getting addicted to these tastes, the deceived soul is forced to live its life as a slave to these worldly flavours. These worldly tastes and pleasures are only available after they have been paid for. Everything has a cost, nothing is free (There is no such thing as free lunch). The mind (मन) is a pauper but has become an addict of these pleasures and desires – it has completely immersed itself in this horrid mire, in its pursuits of pleasures and desires in each reincarnation after the other. Since it's a victim of habit, the only habit it has cultivated over infinite incarnations is the one of complete and total immersion into desires and pleasures. That why in order to pay the bill it requires an affluent person – this particular dutiful burden he entrusts it upon the soul i.e. only the soul is billed for any desire-pleasure-taste-satisfaction etc. etc. – and then for the settlement of this bill the soul has to endure – suffer – agonize in various infinite hells and lesser incarnations – for eternity...! Such

is the particular outcome of all different types of desires – tastes – pleasures...?

“कहे प्रभ अवरुअवरु किछ कीजे । सब बादि सिंगार फोकट फोकटइया । कियो सिंगार मिलण के ताई-प्रभ लियो सुहागिन-थूक मुख पडया.....!”

I.E. a scarce chance was given as an incarnation in the form of human being to reach god – which was fully expended. (Spent the whole life in affording luxury-pleasures – laying thrones – siting upon them – running faiths – reading-teaching faiths – becoming master-guru-sat guru – to be called as one – making one – religious rituals – religious guises-disguises – being clever – begging – looting – swindling – accumulating – boosting rights – openly violating each and every minute and infinitesimal unit of nature in various ways – and using each and every particularly different means to hide it – deny it etc. etc. – i.e. did not reach the god.)

Could not become happily betrothed (to god) (सुहागण) – but instead as a result – got stuck a “distinct horrid spit” on your particularly beautiful looking rare face for eternity in the form of extremely sordid and horrible lesser incarnations and hells and now there is no other option left to do anything except to lick this spit continuously...?

The soul as chariot rider of “Chariot of Life (जीवनरथ)” i.e. human body, can only cross this terrible cosmic ocean

(भवसागर) when it works under brain/wisdom (बुद्धि) as charioteer – and always keep mind (मन) under control with knowledge's (ज्ञान) whip. Then with the help of reins in the form of mind (मन) always keep the senses (इन्द्रियों) under control and drive this life based chariot particularly with full sincerity and positive endeavour – only and only then this human life chariot will prove itself effective in taking “rider soul (स्थोआत्मा)” to its particular destination.....!

You realized something particular in the foetal stage and trusting that realization fully, you chanted and worshiped him, has he forsaken you after you were born, O foolish creature ...? Just think for a moment – that particular someone who freed you from the particularly dreadful kumbhi-pak (कुम्भी-पाक) hell – kept you alive continuously – now that should you, trust him again and make sincere and righteous efforts – in your particular life filled with your responsibilities – even now in spite of being totally immersed in infinite kinds of horrible worldly sludge of your own particular making, is he incapable of saving you? (Even in foetal hell you were completely drowned, weren't you ...?)

At that time, that particular someone who was with you all the time, is he now swimming somewhere in some pilgrimage or taking plunges in some cosmic world

(वैकुण्ठोंetc.) or is bathing in some sea while being busy in rituals and deeds – or is immersed in reading-teaching or singing-chanting – or is he somewhere in statues – books – Ramadan – texts –scriptures – masters – gurus – sat gurus etc. etc. various different forms getting himself violated ...? Is he probably started getting pleasure by being a consort and running this world as a bordello ...? Has he somewhere become wick in the lamp and burning himself in constant agony atoning for his sins ...? O idiot being, even before he was only present inside you then, how can you find him outside in these other great organizations and institutions ...? Now if you really want to escape and meet him – in order to reach him, all you have to do is only search within yourself – between your two eyes, he is always intensely concentrated there. You cannot see him because you are submerged in your own never ending mucks – but believe this that he is constantly watching you – you realized this when you were crying in agony in foetal hell and you chanted – meditated – trusted him even without ever “seeing him” – and then you calmed down into meditative tranquil state – only then you were saved from that particular enormous and horrible mucky hell ...! Even now all you have to do is to earn worldly endeavour (पुरुशार्थ) in noble, truthful and honest manner and then while fully performing one's own responsibilities,

return the residual resources – properties – capabilities – life (स्वांसंपूर्ण) – capital to needy in society particularly while worshiping him constantly . Remember this you will get its positive result only if when you will return this by thanking him especially while you are alive, with your own hands...! Only then you will engross with him face to face in meditation ...! Worship – mediation – pilgrimages – singing – chanting – reading – teaching – rituals – deeds – fasting – yoga – congregation gatherings – charity – religions – etc. etc. in itself and alone are for nothing only – all this in nothing more than an elaborate ruse of the mind (मन) i.e. mahakaal (महाकाल) – in which soul/being likes to immerse and drown themselves happily – but not being happily betrothed (to god) (सुहागन)...? Remember this that beside this any other greatest to greatest will only prove to be a Pandora of sorrows and agony only ...! Whatever it is you have to do, only you have to do so – and only for the sake of freeing yourself – which will happen by only his means – and for the rest only which is particularly available as free is beingb “unrelenting and continuous” for this particular purpose only – and he will only move forwards towards you, when you will call him with pure and truthful intention within you only – not in worldly and exterior deeds and rituals ...? This particular work without involving the “mind (मन)”, has never been

completed till date, nor it is happening now and nor will it ever happen in future ...! Only your choice matters and will ever be counted, nor of congregation – institution – organisation – religion – belief – deeds-rituals, that is why spend every bit of your precious breath with careful deliberation – thinking – reasoning, as it is particularly very precious and rare and limited – you don't know when it will run out ...?

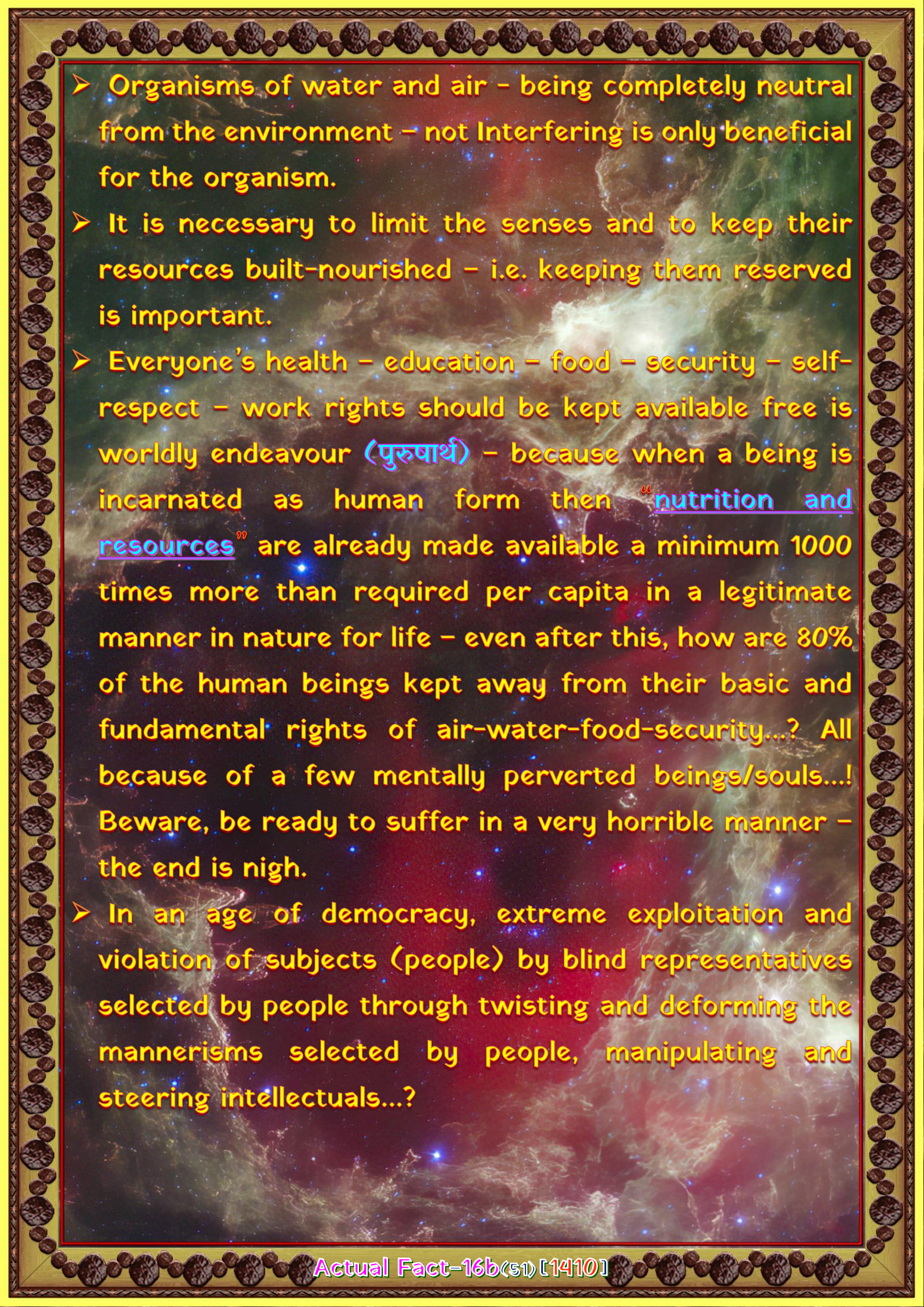
➤ Open your ears and listen carefully there is no such thing as “prayer and forgiveness” in the whole of creation even in some imagination in a thought form – never was and nor will ever be in future ...? And nor it has ever been given without it being earned i.e. without paying the price nobody has ever got anything and nor will ever get anything...? Everyone is only suffering or paying the results of their deeds and actions only – this is a basic pattern and no god-entity or anyone bigger that has ever evaded this pattern, nor is doing now and will not ever do so – sooner or later everyone gets to meet or bear or suffer their own consequences (positive and negative both)...?

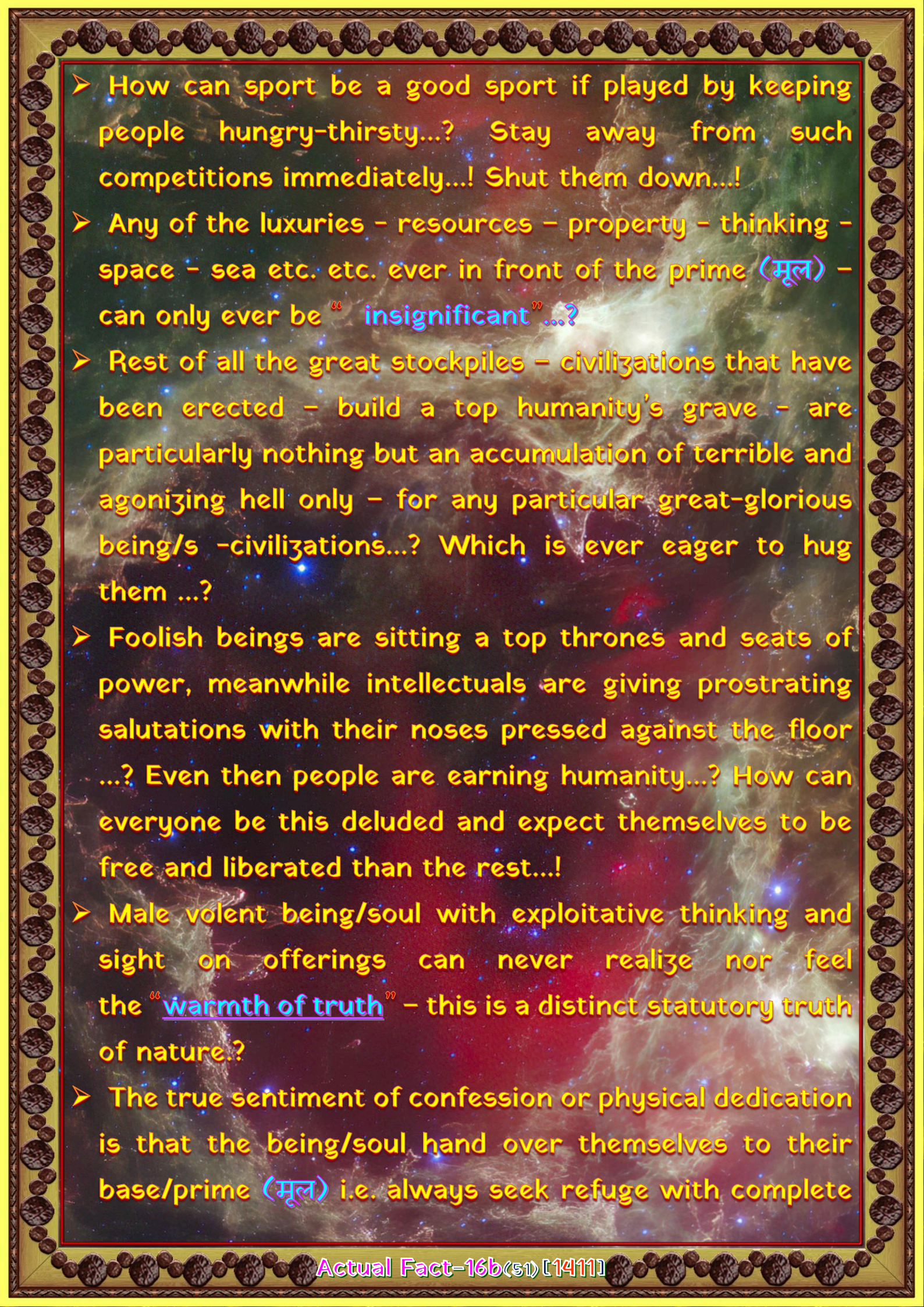
Even if you do not believe this, so let me tell you the simple and true definition of forgiveness or prayer...? Acceptance of your own personally earned all kinds of swindles – cleverness – shrewdness – violations – thievery – various

tricks to mislead humankind and deeds and rituals etc. etc. plans with all your heart in a “practical and pragmatic” manner and then bearing them with full honesty with all their due interest – and adopting a “particular practical abstinence” attitude for future with full honesty and only then your beseeching will ever be heard...! There is no other truthful and upright way of religious devotion, never was and nor will be ...? Rest of elixirs – religious words – faiths – beliefs – religions will only prove to be deluded nothing, right after when your eyes close for the final time and someone drags you away by your hair...?

➤ Being/soul is incarnated into human form to only become human and to earn Humanity, not to be some hindu – sikh – Christian – muslim – haji – pilgrim – yogi – religious singer – नादी – etc. etc. or make some, all these deeds and rituals are nothing more than a sweet “distraction” spread by the second player's (in this game of life) miniscule part called mind (मन) only – special tactic to stop the soul from progressing forward and keep the lights bright and shining in this world...? Nothing is being forced upon, the kaal (second player) (काल) cannot do this forcefully because in the end all he is a beautiful, capable and infinite type of a particularly rare conception of god (अकाल)...?

➤ Whatever various types of tricks – deceptions and violations are being used to run various parts of religions and policies, their frightening and sinister consequences are already ready...? Even after this the world goes on because someone is absorbing all of this continuously earned and spewed venom so that the human form – quintessence of truth can survive ...! Otherwise the being/soul has left way behind all the limits of humanity. In short – all souls/beings are nothing more than travellers of a sunken ship – then how are they all visible...? This is also a great deception and delusion because with each passing second they are headed towards their horrible hell in the form of death – which is very eager to collect them in itself in a grisly manner for forever...? You have always been entangled in removing the outer layers – and meanwhile someone has robbed you away completely as always – i.e. the soul is born blind and misleads-deceives other by pretending to be super blind and eventually vanishes in the great chasm of darkness once again...! Illumination can be earned only during conscious life. After the final closing of eyes, all that's left – is available is the gloom of terrible darkness only.

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- Organisms of water and air – being completely neutral from the environment – not interfering is only beneficial for the organism.
 - It is necessary to limit the senses and to keep their resources built-nourished – i.e. keeping them reserved is important.
 - Everyone's health – education – food – security – self-respect – work rights should be kept available free is worldly endeavour (पुरुषार्थ) – because when a being is incarnated as human form then “nutrition and resources” are already made available a minimum 1000 times more than required per capita in a legitimate manner in nature for life – even after this, how are 80% of the human beings kept away from their basic and fundamental rights of air-water-food-security...? All because of a few mentally perverted beings/souls...! Beware, be ready to suffer in a very horrible manner – the end is nigh.
 - In an age of democracy, extreme exploitation and violation of subjects (people) by blind representatives selected by people through twisting and deforming the mannerisms selected by people, manipulating and steering intellectuals...?

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- How can sport be a good sport if played by keeping people hungry-thirsty...? Stay away from such competitions immediately...! Shut them down...!
 - Any of the luxuries - resources - property - thinking - space - sea etc. etc. ever in front of the prime (मूल) - can only ever be “ insignificant ” ...?
 - Rest of all the great stockpiles - civilizations that have been erected - build a top humanity's grave - are particularly nothing but an accumulation of terrible and agonizing hell only - for any particular great-glorious being/s -civilizations...? Which is ever eager to hug them ...?
 - Foolish beings are sitting a top thrones and seats of power, meanwhile intellectuals are giving prostrating salutations with their noses pressed against the floor ...? Even then people are earning humanity...? How can everyone be this deluded and expect themselves to be free and liberated than the rest...!
 - Male volent being/soul with exploitative thinking and sight on offerings can never realize nor feel the “ warmth of truth ” - this is a distinct statutory truth of nature.?
 - The true sentiment of confession or physical dedication is that the being/soul hand over themselves to their base/prime (मूल) i.e. always seek refuge with complete

honesty and truthfulness in their base/prime (मूल) forever...! At first, all the stockpile of wealth-resources, which has been earned through misdeeds and has been hidden far far away in a identified or anonymous manner - because of which rest of the beings/souls have to lead sorrowful and distressed lives due to lack of basic and fundamental needs - reveal them to everyone i.e. honestly return their fundamental rights and sanctify yourself by being a practical part of this sacrifice yourself ...!

➤ Purity is only related to soul and mind (मन). The rest of every religion - god - Pilgrimage - water - scriptures etc. are only related to cleanliness and dirtiness. Being holy or pure is a particular private matter of a mind (मन) soul only which can only be earned in human incarnation only and is mere impossible to think about in any other form or incarnation. If any such guidance is found either through luck or as consequences of your previous deeds, so at least a minimum thank you is in order...! Because after following this path, the mind (मन) - soul, at some particular point in time will surely be free of all suffering and destitution - this much has always been guaranteed. Because clearance of misdeeds from infinite incarnations is not possible in some particular time period. One requires an incarnation with persistent attitude of ant

and a “don't give up” attitude i.e. all these misdeed must be suffered upon your own body only i.e. you will have to carry your own weight along with the full interest of your misdeeds. Only after fully hauling the weight you will experience the morning light of truth.

➤ The base/prime (मूल) in itself is incorporeal and all else forms-shapes-force (समर्था) - nature are its beautiful- deformed-complete-equal-full manifestations only and they have no scope for mere particles of elixirs-religious names (नाम-अमृत) in them...! And if someone great claims otherwise, all they are doing is deceiving and deluding you and nothing else..!

➤ Soul and nature are both the same, complete and continuous manifestations of base/prime (मूल) - the only difference is that the character of nature is fixed and meanwhile the soul has got brain/wisdom (बुद्धि) to form her own character and also has got nature to know and understand it, which you call it science - which always has a capacity of positive and negative - Hence! The organism should only use it for its means only after clearly thinking it out because the consequences of the choice made by being/soul is sure and certain in every period - which only it has to bear herself...! The longer the consequences (+ or -) take to show up, more the interest (+ or -) will be on it - therefore pay full thought

and heed with brain/wisdom (बुद्धि) before moving forward.

➤ His collective experience is only possible in human incarnation. Rest of nature is related with mind (मन), that is why the mind (मन) instead of working hard adopts the easy way through the senses and is attracted to nature's resources - Which includes all beings, including your own body - full of "5 elements" a particular miracle combination. Immersing yourself after being fascinated by another's veil gives rise to criminal deeds, this is a manoeuvre of a master player of this game, which after giving birth to various exceptions keeps the being/soul entangled and hereby distracting him from his path. I.E. his search in rooted nature (forms of fire-water-air) is to wander around only. Only by searching in his veil (which is also a rooted nature) with honest and true worldly endeavour (पुरुषार्थ) with continuous struggle only this particular match is possible. After scraping and suffering all the veils and layers of consequences earned(+ & -)previously by soul ...!

“आंख मीच मग सृझ न पाई - ताही अनन्त मिले किम भाई ।”

“कहा भयो दोऊ लोचन मूंद कै बैठि रहिओ बक धियान
लगाइओ । न्हात फिरिओ लिए सात समुन्द्रन लोक गइओ
प्रलोक गवाइओ । बासु किओ बिखिआन सों बैठ के ऐसे ही ऐसे

सो बैस बिताइओ । साचु कहों सुन लेहु सभै । जिन प्रेम किओ
तिन ही प्रभु पाइयो ।^{११}

^{६६}कई जन्म भये कीट पतंगा – कई जन्म गज-मीन-तुरंगा
कई जन्म पंखी – सरप-होयओ – कई जन्म हैवर बिस्व जोहयो
मिल जगदीश मिलन की बरिया – चिरन्काल एह देह संजरिआ

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